

## HOW TO MAKE YOUR SUPERHERO MASK AND POWER CUFFS.

1. PRINT OUT THIS PAGE ONTO THICK PAPER OR CARD
2. CUT OUT THE MASK AND TWO CUFFS
3. CAREFULLY PIERCE HOLES (ASK AN ADULT FOR HELP WITH THIS)
4. ATTACH ELASTIC OR STRING THROUGH THE HOLES AND TIE TOGETHER
5. PUT ON YOUR MASK AND CUFFS
6. STRIKE A 999 HERO POSE
7. ASK A GROWN-UP TO TAKE A PHOTO AND POST IT ONTO OUR 'NEWSFLASH' PAGE AT: [WWW.HIOWAA.ORG](http://WWW.HIOWAA.ORG)

